



# SOUTH KENT COAST GROUPS - SEPTEMBER 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	
								Depression Group 1pm Dover	
4		5		6		7		8	
		Tea and Treats 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	
11		12		13		14		15	
		Tea and Treats 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	
18		19		20		21		22	
		Tea and Treats 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	
25		26		27		28		29	
		Tea and Treats 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	

Please contact us if you would like to join a group  
[www.takeoffworks.org](http://www.takeoffworks.org) - [referrals@takeoff.works](mailto:referrals@takeoff.works) - 01227 788 211