



CANTERBURY & ASHFORD GROUPS - JUNE 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
Managing Depression Canterbury 11am		Creative Group Canterbury 11am				Cooking on a Budget Canterbury 11am		Managing Depression Ashford 12pm	
9		10		11		12		13	
Managing Depression Canterbury 11am								Managing Depression Ashford 12pm	
16		17		18		19		20	
Managing Depression Canterbury 11am		Creative Group Canterbury 11am						Managing Depression Ashford 12pm	
23		24		25		26		27	
Managing Depression Canterbury 11am								Managing Depression Ashford 12pm	
30									
Managing Depression Canterbury 11am									

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211