



# THANET GROUPS - AUGUST 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	2		
						Depression Group 11am	Creative Group 11am		
5	6	7				8	9		
						Depression Group 11am	Creative Group 11am		
12	13	14				15	16		
						Depression Group 11am	Creative Group 11am		
19	20	21				22	23		
						Depression Group 11am	Creative Group 11am		
26	27	28				29	30		
						Depression Group 11am	Creative Group 11am		

Please contact us if you would like to join a group  
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