



THANET GROUPS - NOVEMBER 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2	Depression Group 11am	3	
6	7	8				9		10	
						16	Depression Group 11am		
13	14	15				23	Depression Group 11am		
20	21	22				30	Depression Group 11am		
27	28	29							

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoff.works - 01227 788 211