



# CANTERBURY GROUPS - DECEMBER 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
								1		2		3	
										On the Farm 12pm			
4	5	6	7	8	9	10							
Depression Group 11am	Creative Group 11am												
11	12	13	14	15	16	17							
Depression Group 11am										On the Farm 12pm			
18	19	20	21	22	23	24							
Depression Group 11am	Creative Group 11am									Christmas Festivities Contact us for details			
25	26	27	28	29	30	31							
										On the Farm 12pm			

Please contact us if you would like to join a group  
[www.takeoffworks.org](http://www.takeoffworks.org) - [referrals@takeoff.works](mailto:referrals@takeoff.works) - 01227 788 211