



# CANTERBURY & ASHFORD GROUPS - SEPTEMBER 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
2		3		4		5		6		7		8	
Depression Group 11am Canterbury								Ashford Group 12am					
9		10		11		12		13		14		15	
Depression Group 11am Canterbury		Creative Group 11am Canterbury						Ashford Group 12am					
16		17		18		19		20		21		22	
Depression Group 11am Canterbury								Ashford Group 12am					
23		24		25		26		27		28		29	
Depression Group 11am Canterbury		Creative Group 11am Canterbury						Ashford Group 12am				PSCG 1pm Canterbury	
30													
Depression Group 11am Canterbury													

Please contact us if you would like to join a group  
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