



SOUTH KENT COAST GROUPS - JUNE 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
		Wellbeing & Forum 1pm Folkestone		Picnic in the Park 11am - Whenever you like Kearsney Abbey Dover		IT Group 1pm Dover		Depression Group 1pm Dover	
10		11		12		13		14	
Walking Group 11am Folkestone		Wellbeing & Forum 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	
17		18		19		20		21	
		Wellbeing & Forum 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	
24		25		26		27		28	
Walking Group 11am Dover		Wellbeing & Forum 1pm Folkestone				IT Group 1pm Dover		Depression Group 1pm Dover	

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211