



CANTERBURY GROUPS - MAY 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
Depression Group 11am									
8		9		10		11		12	
Depression Group 11am		Creative Group 11am							
15		16		17		18		19	
Depression Group 11am				Cooking Group 11am					
22		23		24		25		26	
Depression Group 11am		Creative Group 11am							
29		30		31					
Depression Group 11am				Cooking Group 11am					

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoff.works - 01227 788 211