

Take Off is running a Creative Group to support positive mental wellbeing and have fun. Each group, we focus on a different theme, for example an animal, nature or weather theme.

Any level of experience is welcome. It's a welcoming group to socialise in a safe and supportive environment.

The group runs on Fridays 11am-1pm at St John's, Margate

For any further information, please feel free to get in contact using the details here or use the contact form on our website.

A place of positivity

Get support, advice and have fun

Regular attendance welcome

FREE to attend

www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211