

BECOME A TAKE OFF GUARDIAN

Take Off is a Kent-based mental health charity providing physical & mental wellbeing support to our local community by people with lived experience.

Support us by becoming a Take Off Guardian.

Donate

Offer your expertise/services

We are looking for Kent businesses to support us!









SOME OF OUR GUARDIANS



















WHAT IS A TAKE OFF GUARDIAN?

A Take Off Guadian is an individual, business or organisation which supports the amazing work we do to help others with their mental and physical wellbeing.

This is an opportunity to make a difference for people in your area, whether you have expertise or can volunteer your time, provide discounted services or give funding for a specific group we run.

You have the power to make a big difference to people's lives.

