

TEA AND TREATS

Join us to socialise over refreshments and discuss the services and your mental health care: the good, the bad and everything in-between!

Whether you've used one organisation or a few, just sussing out support or used services / voluntary organisations for a while, let us know how it's been. Your experience will help decision makers to understand what works, what doesn't and what could be improved.

Pop in to see us at The Folkestone Bookshop on Tuesdays from 1pm to 3pm, no sign-up needed

For any further information, to check our calendars or to see what else we do please feel free to get in contact using the details here or use the contact form on our website

Give anonymous feedback

Hear about other support/services

Help to shape services

Free to attend

