



WALKING GROUP DOVER

We are so happy to be running walking groups in Dover this summer! We'll go to a range of locations so please feel free to contact us for more information.
Enjoy fresh air and positive wellbeing!

The group runs once a month on a Monday at 11am

For any further information, please feel free to get in contact using the details here or use the contact form on our website.

A place of positivity

Get support, advice and have fun

Regular attendance welcome

FREE to
attend

