



CANTERBURY & ASHFORD GROUPS - OCTOBER 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
		1		2		3		4		5		6	
								Ashford Group 12am					
7		8		9		10		11		12		13	
Managing Depression Canterbury 11am		Creative Group Canterbury 11am						Ashford Group 12am				PSPC Canterbury 1pm	
14		15		16		17		18		19		20	
Managing Depression Canterbury 11am								Ashford Group 12am					
21		22		23		24		25		26		27	
Managing Depression Canterbury 11am		Creative Group Canterbury 11am						Ashford Group 12am				PSPC Canterbury 1pm	
28		29		30		31							
Managing Depression Canterbury 11am													

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211