



CANTERBURY GROUPS - APRIL 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	2	3	4	5					
Depression Group 11am									
8	9	10	11	12					
Depression Group 11am		Creative Group 11am							
15	16	17	18	19					
Depression Group 11am									
22	23	24	25	26					
Depression Group 11am		Creative Group 11am			Cooking Group 11am				
29	30								
Depression Group 11am									

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211