

Please contact 01227 788 211 or www.takeoffworks.org and leave message if you would like to attend our groups.

November 2022 Canterbury & Ashford



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Depression Group 11am	Creative Group 11am	Cooking Group 11am		
Ashford Depression Group 3pm				
12	13	14	15	16
Depression Group 11am		Cooking Group 11am		
Ashford Depression Group 3pm				
19	20	21	22	23
Depression Group 11am	Creative Group 11am			
Ashford Depression Group 3pm				
26	27	28	29	30
Depression Group 11am		Cooking Group 11am		



Take Off, 34 Military Road, Canterbury, CT1 1LT

www.takeoffworks.org 01227 788 211 info@takeoffworks.org

